	RECORDS RELEASE INFORMATION.
	Date requested:
FROM:	
	DOCTOR OR HOSPITAL
ADDRESS	
City, State, Zip	
Phone number	-

I HEREBY AUTHORIZE AND REQUEST TO RELEASE TO:

Central Coast Family Care

1505 . Shepard Drive, Suite 104 Santa Maria, CA 93454

Phone: (805) 928-2645 Fax: (805) 928-1995

Mohammad A. Arain, M.D.

Board Certified in Internal Medicine

THE COMPLETE HISTORY RECORDS IN YOUR POSSES	SION CONCERNING MY ILLNESS
AND OR TREATMENT DURING THE PERIOD FROM	TO
Including the following if initialed, but not limited to:	
Substance Abuse	HIV disease/ AIDS
Mental Health	Developmental disability
* THIS FORM WILL EXPIRE 1 YEAR FROM THE DATE SIG	NED UNLESS OTHERWISE SPECIFIED
NAME:	Date of birth:
ADDRESS:	
SIGNATURE:	(IF RELATIVE STATE RELATIONSHIP)
WITNESS:	DATE:

(IF RELATIVE STATE RELATIONSHIP)